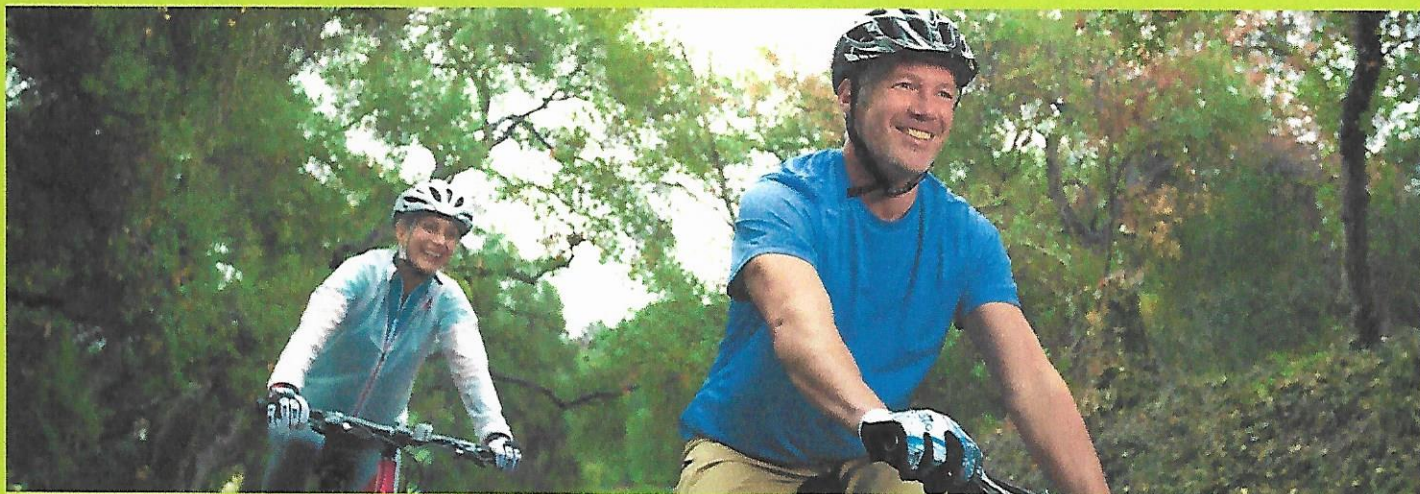


You're invited to enjoy healthy rewards

Introducing the Insulators 16 wellness program. Take care of your health and save!



Join today

- Visit kp.org/engage and sign on with your kp.org user ID and password.*
- Accept the Wellness Program Agreement.
- Visit the website often to view and track the status of your activities.

Complete these activities

- Biometric Screenings:
 - Blood glucose
 - Blood pressure
 - Body mass index (BMI)
 - Total cholesterol
- Total Health Assessment
- Tobacco Cessation Compliance

Feel the benefits

- Staying up-to-date on important health screenings is a great way to maintain your health.
- The Total Health Assessment can help you tackle your health goals.

 Start now. Sign on at kp.org/engage.

*If you're not yet registered at kp.org, click the "Register for an account" button to get a user ID and password.

The program runs from January 1, 2017, through March 31, 2017, and is open to all benefits-eligible Insulators 16 plan participants and their spouses or domestic partners 18 and older who are Kaiser Permanente members.



 KAISER PERMANENTE®